

## **JANUARY 2019**

Frankfort High School

Monday	Tuesday	Wednesday	Thursday	Friday
2019,	No School 1	No School <sup>2</sup>	Pizza Salad Choice of Vegetable Choice of Fruit Choice of Milk Choice of Juice	National 4 Spaghetti Day
Chicken Poppers Mashed Potatoes Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Nacho/Taco Refried Beans / Mexican Rice Mixed Peppers Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Chili Grilled Cheese Celery& Carrot Sticks Choice of Fruit Choice of Milk Choice of Juice	Emoji Day	Pizza Salad Choice of Vegetable Treat Choice of Fruit Choice of Milk Choice of Juice
Hamburger Baked Beans French Fries Choice of Vegetables Choice of Fruit/Juice Choice of Milk	Nacho/Taco Refried Beans / Mexican Rice Mixed Peppers Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Chicken & Bun French Fries Choice of Vegetables Choice of Fruit Choice of Milk Choice of Juice	Meatballs Bosco Stick Choice of Vegetables Choice of Fruit Choice of Milk Choice of Juice	National POPCORN Day Pizza Salad Choice of Vegetable Choice of Fruit Choice of Milk Choice of Juice
No School 21	Nacho/Taco Refried Beans / Mexican Rice Mixed Peppers Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Snow 23 Fun Day	Asian Egg Roll Fortune Cookie Choice of Vegetables Choice of Fruit/Juice Choice of Milk	Pizza Salad Choice of Vegetable Treat Choice of Fruit Choice of Milk Choice of Juice
Meatloaf Mashed Potatoes Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Nacho/Taco Refried Beans / Mexican Rice Mixed Peppers Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Celebrate Birthdays 30 Teriyaki Dippers Mac & Cheese Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	Chicken Waffles Choice of Vegetables Choice of Fruit Choice of Juice Choice of Milk	